

DATE \_\_\_\_\_

NAME Stuffed Acorn Squash

PRESENT LOCAL ADDRESS 2 med. acorn squash

ZIP CODE 3/4 lb. gr. beef

FORMER LOCAL ADDRESS 1 small onion dried

OUT OF STATE ADDRESS 1/4 lb. muenster cheese

PRESENT BUS. ADDRESS OR EMPLOYER shredded  
1 cup.

LOCAL RES. PHONE 1/4 c. ketchup

BUS. PHONE 1/2 tsp sugar

NOTIFY IN CASE OF EMERGENCY 1/2 salt & pepper  
1 tbs. water

NAME Cut acorn in half and <sup>put</sup> in 12"

RELATIONSHIP Skillet with 1 triad. water and heat

ADDRESS to boiling - low heat cover pan and cook 10

REFERRED BY min. or until tender PHONE NO. In sauce pan over

high heat cook meat + onion until browned about 10  
min. Stir in cheese, ketchup, etc. until cheese  
is melted. Stuff mixture in squash centers